# The Arm Our Youths (ArOY) Health Campaign

an OCI Foundation's initiative for Nigerian Youths against breast & cervical cancers

### MODULE: OVERVIEW OF THE ONLINE TRAINING FOR VOLUNTEER NYSC CORPS MEMBERS & OTHERS

# Assoc. Prof. CHRIS IFEDIORA

(MBBS, MPH, FRACGP, HMS-SEAL, FIMC, CMC, AFANZAHPE)

\*\*

- Griffith University School of Medicine, Gold Coast, Australia
- President, OCI Foundation International (Nigeria and Australia)





### <u>OUTLINE</u>

- 1. About the OCI Foundation
- 2. Overviews:
  - /
  - //
  - ///
- *3. The End*





"...we rise, by lifting others"

## ABOUT THE OCI FOUNDATION

- The OCI Foundation is:
  - A multi-award winning, international organisation registered in Nigeria (2016) and Australian (2018)
  - A charity, Not-for-profit and Non-governmental organisation
  - Formally established for (Nigerians) to:
    - 1) Promote and Advance Health
    - 2) Promote Education, and
    - 3) Promote Social and Public Welfare.
- Its ArOY Health Campaign is its flagship HEALTH INITIATIVE:
  - Designed with the help of the Harvard Medical School (USA)
  - Has the support of the World Health Organisation Country Office in Nigeria
  - Developed with help of experts from 4 different universities, including:
    - The Griffith University (Australia)
    - The Universities of British Columbia and Saskatchewan (both in Canada) and
    - The Nnamdi Azikiwe University (Nigeria)



".we rise, by lifting others"



## **OVERVIEW OF THE ArOY HEALTH CAMPAIGN**

- The OCI Foundation's ArOY Health campaign AIMS TO
- Introduce anti-breast and anti-cervical cancer teachings into:
  - 1. Into the <u>curriculum</u> of all senior secondary schools in Nigeria
  - 2. The **regular orientation activities** of all 36 NYSC camps in Nigeria + FCT
  - 3. Synergize both Campaigns: Corps Members can Teach in Schools
- As ways of fighting both <u>breast</u> and <u>cervical</u> cancers
- Using novel, evidence-based measures that are:
  - Realistic
  - Cost-effective
  - Impactful/Effective
  - Wide-reaching
  - Culturally acceptable, and
  - Sustainable.



"...we rise, by lifting others"



## **OVERVIEW: ABOUT THIS COURSE 1**

- The Program with the NYSC allows corps members to volunteer for the ArOY Campaign
- This Course enables those volunteers, in any part of Nigeria:
  - To undergo a training or capacity building
- The capacity built will allow them to promote the sensitization in any place:



- Of their Primary Deployment: Schools, Banks, Government Institutions, Home
- Specifically, we expect the NYSC volunteers to get equipped with the tools to:
  - a) Easily sensitize people on anti-breast and cervical cancer techniques
  - b) Draw attention to the benefits and principles of the ArOY Campaign
  - c) Draw attention to the existence of the OCI CerviBreast App on Apple and Android devices
  - d) Become part of the teaching force in Senior Secondary Schools, once the ArOY Campaign becomes a part of the curriculum across Nigerian schools



### OVERVIEW: ABOUT THIS COURSE 2

- This Course is 100% free to all Volunteers
- These trained staff can PROMOTE the program in any part of Nigeria
- Course can be completed at participant's convenience:
  - Once started, within 30 days
  - Can be finished earlier
  - Less than 4 hours if done at a stretch
  - Participant can log in and out at convenience
  - Completed lessons, quizzes and modules are automatically saved for participant
  - Any mobile phone with internet, or computer, can be used
    - Course can be assessed as:
      - a) PDF: Download and read offline, then return to complete the quizzes (this saves internet data)
      - b) Recorded videos
      - c) Embedded text (on the webpage)





....we rise, by lifting others"

### **OVERVIEW: ABOUT THIS COURSE 3**

#### **ON COURSE COMPLETION:**

- An automated but personalised certificate will be issued at no cost to the NYSC staff
- All the three modules and their accompanying quizzes must be completed; PLUS
- A minimum pass score obtained for the FINAL QUIZ

#### THE CURRICULUM:

- The Curriculum was:
  - Developed with inputs of experts within and outside the OCI Foundation.
  - Designed to be easy, engaging, effective and sustainable

#### **FEEDBACK:**

- There are also provisions for feedback from the course participants
  - As the OCI Foundation is constantly seeking to improve.





## Aroy CAMPAIGN BENEFITS TO CORPS MEMBERS

- Multiple benefits exist for the corps members themselves
- Particularly, if they undergo this training
- Detailed benefits are in Module 1, but an outline includes:
  - 1) Personal Health Gains: For the corps members and their families or friends
  - 2) Financial Gains
  - 3) Prepares corps members to join the wider ArOY Campaign program in schools
    - 1) Gives corps members options for Community Development Service projects
    - 2) Improves the employability prospects of corps members
    - 3) Improves the chances of foreign recognitions
    - 4) Brightens the chances of corps members that may want to join the OCI Foundation.



### COURSE STRUCTURE

- As stated, a certificate will be issued (free of charge) if:
  - All the modules are completed, and
  - The minimum pass scores for the accompanying quizzes are attained.
- Each Module has accompanying lessons, videos and quizzes
  - The videos contain same information as the lesson texts (use either, or both)
- At the end of all 3 modules, is a final quiz. Here are the Modules:
  - **MODULE 1**: INTRODUCTION, BENEFITS & SENSITIZATION STEPS/STRATEGIES
  - MODULE 2: TALKS ON CERVICAL AND BREAST CANCERS
    - MODULE 3: THE CERVIBREAST APP
    - FINAL QUIZ (COMPULSORY BEFORE RECEIVING CERTIFICATE)





"...we rise, by lifting others"

# THE END

Let us join hands to ARM OUR YOUTHS ... While Young ... All of them ... Right Now ... Let's do it for our families, our states, and for our Country THANK YOU!!!!

