

# OCI Foundation's Arm Our Youths (ArOY) Health Campaign

Capacity Building for NYSC Volunteer Corps Members

## MODULE 1c: Steps For Delivering The Sensitization

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# OUTLINE

1. *Notes*
2. *The Practical Steps*
  - *1 to 7*
3. *Trial Quizzes*



# PRACTICAL STEPS: NOTES

- **The following topics can be covered in 45 minutes**
- By any volunteer corps members that offers:
  - **To undertake this sensitization in any location within Nigeria.**
- We strongly recommend that these steps be adhered to.
- A flyer for these STEPS can be downloaded within this Course.
  - **See link in the text.**
- The flyer can be used as a guide to deliver the talks.

- **HERE ARE THE STEPS . . . .**



# PRACTICAL APPROACH: STEP 1 of 7

- **STEP 1**: Brief introduction of the ArOY Health Campaign:
  - Just a brief mention of the Campaign
  - As it relates to Nigerian Senior Secondary Schools
  - Also as it relates to the youths (NYSC) and the larger populace
  - A mention of the OCI Foundation, the body behind it.
  - ***This will take about 5 minutes.***



# PRACTICAL APPROACH: STEPS 2 AND 3 of 7

- **STEP 2:** Invite Participants to Download the OCI CerviBreast App:
  - This automatically gives them access to the ArOY Campaign (at their finger tips)
  - Constantly helps them access all the relevant information and services easily
  - Also ensures that they get regular reminders for breast & cervical cancer checks
  - ***About 5 minutes should be allowed for this***
- **STEP 3:** Brief Talk on Cervical Cancer:
  - Facts and Preventive Strategies
  - Use flyer
  - ***About 10 minutes should be allowed for this***



# PRACTICAL APPROACH: STEPS 4, 5 AND 6 of 7

- **STEP 4:** Brief Talk on Breast Cancer:
  - Facts and Preventive Strategies
  - Use flyer
  - ***About 10 minutes should be allowed for this***
- **STEP 5:** Brief Introduction of the “OCI CerviBreast” App.
  - ***About 5 minutes should be allowed for this***
- **STEP 6:** Quick Quiz (using the App):
  - This helps stimulate interest & increase engagement the program
  - Online: So, only those with the App can participate.
  - ***Will take about 5 minutes.***



"...we rise, by lifting others"



# PRACTICAL APPROACH: STEP 7 OF 7

- **STEP 7:** Questions and Answers:
  - Participants should be advised to direct all questions to the OCI Foundation
    - Using the Phone App
    - There is a provision for that
  - However, a few 5 minutes can be allowed to address any questions
    - If the presenter is comfortable to handle (not compulsory)
    - To clarify any issues that might come up
  - ***About 5 minutes should be allowed for this.***
- ***TOTAL MINUTES FOR OVERALL PRESENTATION  
= 45 Mins.***



# THE END

Let us join hands to **ARM OUR YOUTHS**

... While Young

... All of them

... Right Now

... **Let's do it for our families, our  
states, and for our Country**

**THANK YOU!!!!**



"...we rise, by lifting others"



**Arm Our Youths**  
(An awareness campaign against breast and cervical cancers in Nigerian Secondary Schools)

... arm them **YOUNG!**  
... arm them **ALL!!**  
... arm them **NOW!!!**

(A health promotion initiative of the OCI Foundation)  
[www.ocifoundationng.org](http://www.ocifoundationng.org)

"...we rise, by lifting others"